


SPRING 2022

JANUARY FLEX

- All sessions will be held via Zoom and pre-registration is only required if specified. Zoom links are embedded in titles as well as provided with workshop descriptions.
- Please note that each session is tailored to: All Campus, Faculty, or Faculty/Classified Staff



Approved by the [Faculty Professional Development Committee](#) as student equity focused and qualifies as training required by AP7120.

TUE-WED, JANUARY 11-12, 2022

1:30–5:00PM [Mental Health First Aid](#) (All Campus)

WED, JANUARY 12, 2022

9:00–9:30AM Session 1: [Kick Off](#) (All Campus)

9:30–9:45AM Break

9:45–10:45AM Session 2: [Authentic Learning Strategies Using Wikipedia](#) (Faculty)

10:45–11:00PM Break

11:00AM–12:00PM Session 3: [JEDI Session: Connecting with Students through Culturally Responsive Visuals](#) (Faculty)

12:00–12:30PM Lunch

12:30–2:00PM Session 4: [HAL Session: Hybrid Courses Roundtable](#) (Faculty)

2:00–2:15PM Break

2:15–3:15PM Session 5: [The SLO Assessment Cycle - Examples and Tips](#) (Faculty)

3:15–3:30PM Break

3:30–4:15PM Session 6: [Exploration of the Vision Resource Center at Cuesta College](#) (All Campus)

4:15–5:00PM Break

5:00–5:30PM Session 7: Book Clubs
[Praisesong for the Widow](#) (All Campus)

["10% Happier" Wellness Podcast](#) (All Campus)

THU, JANUARY 13, 2022

9:00–10:30AM Session 8: [Lessons Learned from the Hispanic Association of Colleges and Universities National Conference](#) (All Campus)

10:30–10:45AM Break

10:45–12:15PM Session 9: [QPR Suicide Prevention Training](#) (All Campus)

12:15–1:00PM Lunch

1:00PM–3:00PM Session 10: [JEDI Session: Using Design Tools for Welcoming Home Pages and Transparent Assignments](#) (Faculty)

3:00–5:00PM Division Meetings

5:00–5:30PM Session 11: Book Clubs
[The Undocumented Americans](#) (All Campus)

[There There](#) (All Campus)

TUESDAY, JANUARY 11, 2022 AND WEDNESDAY, JANUARY 12, 2022

Mental Health First Aid

Annie Jankovitz (All Campus)

1:30–5:00PM

Registration Required | [Register here](#)

Mental Health First Aid is a skills-based training course that teaches participants about mental health and substance-use issues. Mental Health First Aid takes the fear and hesitation out of starting conversations about mental health and substance use problems by improving understanding and providing an action plan that teaches people to safely and responsibly identify and address a potential mental illness or substance use disorder. In order to participate in the live, virtual training on January 11th & 12th, you will need to have completed the 2-hour, self-paced online work by January 9th at 11:59PM. You must attend both training days to receive your certification. Registration closes Tuesday, December 21, 2021.

DAY 1: Wednesday, January 12, 2022

SESSION 1:

Kick Off

Kelli Gottlieb, Diane “Dee” Limon, and Kristina Vastine (All Campus)

9:00–9:30AM

No registration necessary | [Zoom](#)

Kick-off Fall Semester with your morning coffee and gather with colleagues to reconnect, socialize, and have some fun. Attendees will be entered into a random drawing for \$50 gift cards from local restaurants: SLO Provisions, Siren at Dairy Creek, Colony Market and Deli, and Jaffa Café. Must be present (in Zoom) to win.

SESSION 2:

Authentic Learning Strategies Using Wikipedia

Colleen Harmon and Laurie Bucholtz (Faculty)

9:45AM–10:45AM

No registration necessary | [Zoom](#)

Authentic learning presents students with real-world problems and, at its best, with real-world approaches to mitigating or solving those problems. You can engage students in authentic learning by assigning Wikipedia writing projects in the discipline you teach, giving students an opportunity to contribute to one of the world’s most popular encyclopedias.



SESSION 3:

JEDI Session: Connecting with Students through Culturally Responsive Visuals

Inga Dorosz (Faculty)

11:00AM–12:00PM

No registration necessary | [Zoom](#)

This workshop explores how all instructors can incorporate culturally relevant cross-disciplinary art into their curriculum. Inspired by last summer’s JEDI Academy, this workshop will include:

- Specific social practice art that faculty can use to teach

content of their curriculum while incorporating ideas of inclusivity.

- Culturally relevant art images and artists that faculty can embed into Canvas across disciplines.
- Two hands on art projects that address cultural relevance and can be modified for various disciplines.

Workshop will be tailored to the to specific learning objectives of participants.

SESSION 4:

HAL Session: Hybrid Courses Roundtable

Amelia Marini, Brittany Mojo, Jennifer Shellhorn, Beth Ann Dumas, and Matthew Fleming (Faculty)

12:30–2:00PM

No registration necessary | [Zoom](#)

Come join us for a HAL Session on teaching hybrid courses! As Cuesta moves back to greater levels of in-person offerings, hybrid classes—which have a scheduled face-to-face meeting in addition to required online hours—pose one option for combining the best of two modalities. In this round table discussion, you’ll have the chance to hear from colleagues in a variety of disciplines who have already taught at least one semester in a hybrid format. They’ll share their experiences of the real benefits and real challenges of hybrid teaching, offer tips and suggestions they’ve learned along the way, and will facilitate time for all participants to ask questions and creatively brainstorm new approaches together.

SESSION 5:
The SLO Assessment Cycle - Examples and Tips

Kelli Gottlieb (Faculty)

2:15–3:15PM

No registration necessary | [Zoom](#)

The SLO Assessment Cycle has 3 steps: Assessment, Discussion/Planning, and Implementation. Often it can feel overwhelming to complete all those steps. Unfortunately, without completing this assessment loop, we miss out on the chance for valuable data!

In this session, we explore the SLO Assessment cycle as a whole, including writing assessable SLOs, examples of how to plan assessments, resources for discussing data, and planning and implementing change, and best practices according to the ASCCC. Attendees are strongly encouraged to discuss what has worked for them (or where they could use support) so all present can benefit from each other's experiences.

Note: This session will not have an eLumen training component to it.

SESSION 6:
Exploration of the Vision Resource Center at Cuesta College

Carrie Buhl and Rebeccah Hart (All Campus)

3:30–4:15PM

No registration necessary | [Zoom](#)

Cuesta College recently integrated with the Vision Resource Center system, a professional development resource platform used by California Community Colleges (CCC). This workshop will review basic navigation of the system, explain how to gain access to insightful Communities to stay connected with your areas of interest, show how to use the catalogue to access self-paced trainings to add to your professional training and development transcript, offer tips and best practices for completing online courses, and allow time for Q&A.

SESSION 7:
Book Clubs

2 separate meetups to introduce participants and kickoff the series

5:00–5:30PM



Praisesong for the Widow by Paule Marshall

Facilitated by: Rachael Barnett (All Campus)

Book Club Dates: TBA

No registration necessary | [Zoom](#)

Please join us as we discuss our Spring 2022 Book Club offering, *Praisesong for the Widow* by Paule Marshall. Published in 1983, the novel follows the journey of Avey

Johnson, “a black, middle-aged, middle-class widow” as she flees a luxury Caribbean cruise and discovers her ancestral history and her powerful destiny. Over the course of the semester – in 3 or 4 meetings – we will discuss Avey’s journey and the ways in which the novel exposes and critiques white supremacy, gender inequities, and class disparities in the US and emphasizes reconciliation as one method of healing individually and collectively. As ever, we will also focus on how we can infuse the lessons of the novel into our own lives, both professionally and personally. Future meeting dates and a reading schedule will be determined at our first meeting.

“10% Happier” Wellness Podcast

Facilitated by: Allison Head (All Campus)

Book Club Dates: TBA

No registration necessary | [Zoom](#)

10% Happier uses “Buddhism-based” principles to tackle ideas such as self-compassion, “letting go,” managing anxiety, stress reduction, effectiveness at the workplace, and more. Join us for an introductory meeting and to plan future gatherings where we’ll discuss topics related to emotional and mental wellness after listening to each episode.

DAY 2: Thursday, January 13, 2022



SESSION 8:
Lessons Learned from the Hispanic Association of Colleges and Universities National Conference

Mario Espinoza-Kulick, Gabi Cuarenta-Gallegos, Brad Langer, Maggie Muñoz, Jannet Rios Leon and Kristina Vastine (All Campus)

9:00–10:30AM

No registration necessary | [Zoom](#)

Participants from Cuesta College who attended the Hispanic Association of Colleges and Universities (HACU) annual conference in 2021, funded by DHSI Title V Teacher Pathways Grant at Cuesta College, will share new techniques and best practices for supporting Latinx and Hispanic student success. Educational leaders and policymakers from all segments of higher education came together to address the importance of equity within our institutions. During the session, we will share what we learned and identify opportunities for the Cuesta College community to increase our impact and reach.

SESSION 9:

QPR Suicide Prevention Training

Annie Jankovitz (All Campus)

10:45AM-12:15PM

Registration Required | [Register here](#)

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. Each year thousands of Americans, like you, are saying “Yes” to saving the life of a friend, colleague, sibling, or neighbor. Registration closes Tuesday, December 21, 2021.



SESSION 10:

JEDI Session: Using Design Tools for Welcoming Home Pages and Transparent Assignments

Kelli Gottlieb and Jennifer Shellhorn (Faculty)

1:00-3:00PM

No registration necessary | [Zoom](#)

Looking to quickly and efficiently improve the clarity of your assignments in Canvas? Wishing your Canvas homepage was cozier and more student-friendly? Open to all faculty, this session, inspired by last summer’s JEDI Academy, will help you create course pages and assignments in Canvas that are student-AND-equity-centered with Design Tools! In this 2-hour session, learn tips for upgrading your pages and assignments on Canvas; in the second hour, it’s time for some hands-on practice with Design Tools on your own Canvas pages with live help offered by the presenters!

Note: If you don’t have experience using Design Tools on Canvas, it is recommended that you attend Tuesday’s Get Started with Design Tools session to learn the basics of Design Tools.

SESSION 11:

Book Clubs

2 separate meetups to introduce participants and kickoff the series

5:00-5:30PM



The Undocumented Americans by Karla Cornejo Villavicencio

Facilitated by: Amelia Marini (All Campus)

Book Club Dates: TBA

No registration necessary | [Zoom](#)

Please join us this spring as we read *The Undocumented Americans* by Karla Cornejo Villavicencio. Cornejo

Villavicencio was on DACA herself when she began to write about the experience of being undocumented: both her own, and those of others across the country. *The Undocumented Americans*, named a “Best Book of the Year” by *The Los Angeles Times*, *The New York Times Book Review*, and NPR, “combines sensitive reporting and powerful personal narratives to bring to light remarkable stories of resilience, madness, and death... In New York, we meet the undocumented workers who were recruited into the federally funded Ground Zero cleanup after 9/11. In Miami, we enter the ubiquitous botanicas, which offer medicinal herbs and potions to those whose status blocks them from any other healthcare options. In Flint, Michigan, we learn of demands for state ID in order to receive life-saving clean water. In Connecticut, Cornejo Villavicencio, childless by choice, finds family in two teenage girls whose father is in sanctuary. And through it all we see the author grappling with the biggest questions of love, duty, family, and survival.” In our book club this semester, we’ll be discussing Cornejo Villavicencio’s text and drawing connections between the struggles of her subjects and the obstacles that our own undocumented students face. We’ll also be supplementing our reading with resources for educators offered by Cuesta’s Monarch Center. Come to our kickoff meeting where we’ll decide on three meeting dates over the course of the spring semester for our discussions!



There There by Tommy Orange

Facilitated by: Anne Jansen (All Campus)

Book Club Dates: 3/16 and 4/6 12:00-1:00PM

No registration necessary | [Zoom](#)

Tommy Orange’s 2018 novel *There There* has been touted as heralding a “new Native Renaissance” in literature. Set in present-day Oakland, Orange’s novel is a powerful example of what some critics refer to as “urban Indian literature.” Following 12 different narrators and culminating in the annual Oakland powwow, *There There* is a provocative work of literature that raises questions around contemporary California Native American identity, explores the tolls exacted by racism and white supremacy, and offers us ways to think, talk, and work to represent Native Americans more inclusively in our professional practices. We hope you will join us to discuss this fast-paced, multiple award-winning novel in anticipation of Orange’s visit on April 21.

TUESDAY TECH TRAININGS: JANUARY 11, 2022

Get Started with Design Tools

10:00AM-12:00PM

Cynthia Wilshusen and Kelli Gottlieb

[Register here for Zoom Info](#)

This training is designed for faculty, staff, and course designers seeking to create more engaging and aesthetically pleasing courses in Canvas. This workshop will show you how to launch Design Tools, adjust settings, use the built-in accessibility tools, apply themes and styles to your Canvas resources. Participants will be provided access to Design Tools support resources. For an in depth look at creating a home page and transparent assignments using advanced features make sure to attend the JEDI Session on Thursday afternoon.

Create Interactive Video with PlayPosit

1:00-2:30PM

Colleen Harmon and Cynthia Wilshusen

[Register here for Zoom Info](#)

Interactive video and audio transforms passive observation into active learning, where online and conventional learners can explore, analyze, and apply concepts through enriched learning content. Learn how to use PlayPosit and transform your course material to engage your students.

Instructional Videos 101

3:00-5:00PM

Cynthia Wilshusen and Jeffrey Nachtigal

[Register here for Zoom Info](#)

Learn the basics of our new media recording service. This session will introduce you to recording with screen capture, express capture, uploading existing videos, linking to YouTube, captioning, embedding your media in your Canvas course, sharing in the Media Gallery, tips on organizing your media, creating chapters and menus for viewing, and quizzes.

UPCOMING FLEX OPPORTUNITIES

The 21 Day Racial Equity and Social Justice Challenge

The 21 Day Racial Equity and Social Justice Challenge organized by the Equity and Student Success Committee will consist of intentional, self-reflective, and interactive events and activities centered on the systems that amplify challenges of inequities, bias, and prejudice experienced by marginalized individuals and communities. It will also present an opportunity to explore our individual sphere of influence towards effecting transformative change. The 21 Day Challenge will begin Monday, February 7th and run through March 31st, 2021. Look for more details in the new year!

For questions, please contact Matthew Davis at matthew_davis10@cuesta.edu.