



# JANUARY 2024 FLEX

- Zoom links are embedded in titles as well as provided with workshop descriptions.
- Please note that each session is tailored to: All Campus, Faculty, or Faculty/Classified Staff



Approved by the [Faculty Professional Development Committee](#) as student equity focused and qualifies as training required by AP7120.



## RETREAT: "TOWARDS RESILIENCY: POST-PANDEMIC TEACHING AND LEARNING"

**WED, JANUARY 10, 2024 | 9:00 AM - 4:30 PM | ALL CAMPUS**  
**SEA PINES GOLF COURSE, 1945 SOLANO ST. LOS OSOS, CA 93402**

[Register Here](#) | Please Register by 1/4/2024

9:00–9:30 AM	Gathering, Coffee and Pastry
9:30–10:00 AM	Welcome and Introductions
10:00 AM–12:00 PM	Keynote Address* "Becoming a Trauma-Informed Campus in Higher Education"
12:00–1:00 PM	Lunch

### AFTERNOON SESSIONS

*Facilitated by the Faculty Professional Development Committee*

1:00–2:00 PM	Session 1: Reflections on the Keynote: Challenges and Opportunities for the Cuesta Community
2:00–2:15 PM	Break
2:15–3:15 PM	Session 2: Relational Teaching: Shared Strategies
3:15–3:30 PM	Break
3:30–4:30 PM	Session 3: Looking to the Future: Immediate Actions and Long-Term Goals

*\*Note: Keynote presentation will be recorded and made available for those unable to attend in person; there is no Zoom option for this event.*

## THUR, JANUARY 11, 2024

9:00–10:00 AM	DSPS AIM Tutorial In-person 2609   <a href="#">Zoom</a> (Faculty)
10:00–11:00 AM	POP Kick-Off In-person 2609   <a href="#">Zoom</a> (Faculty)
11:00 AM–11:30 AM	Lunch
11:30 AM–1:00 PM	Mid-Semester Feedback: A Panel Discussion   <a href="#">Zoom</a> (Faculty)
1:10–1:40 PM	The Human Library® is coming Spring 2024 to Cuesta College!   <a href="#">Zoom</a> (All Campus)
1:50–2:50 PM	Wellness Workshop – Spring Events and Rewards   <a href="#">Zoom</a> (All Campus)
3:00–5:00 PM	Division Meetings
5:00–5:30 PM	Book Club: In Memoriam - Reading Three Late Great Poets   <a href="#">Zoom</a> (All Campus)
5:00–5:30 PM	Book Club: Julia Alvarez - <i>In the Time of the Butterflies</i>   <a href="#">Zoom</a> (All Campus)





## DAY 1: Wednesday, January 10, 2024 In-Person Retreat Sea Pines Golf Course

### Retreat: "Towards Resiliency: Post-Pandemic Teaching and Learning"

Sea Pines Golf Course - 1945 Solano St., Los Osos, CA

[Register Here](#) | Please Register by 1/4/2024

9:00AM – 4:30PM (All Campus)

#### 9:00 – 9:30 AM

Gathering, Coffee and Pastry

#### 9:30 – 10:00 AM

Welcome and Introductions

#### 10:00 AM – 12:00 PM | KEYNOTE ADDRESS \*

"Becoming a Trauma-Informed Campus in Higher Education"



Dr. Brenda Ingram, EdD, LCSW Clinical Assistant Professor, Department of Psychiatry & Behavioral Sciences, USC Keck School of Medicine, Associate Director, USC Counseling and Mental Health, and Program Director, Relationship and Sexual Violence Prevention and Services, USC Student Health Center

#### 12:00 PM – 1:00 PM

Lunch

### AFTERNOON SESSIONS

*Facilitated by the Faculty Professional Development Committee*

#### 1:00 – 2:00 PM

Session 1: Reflections on the Keynote: Challenges and Opportunities for the Cuesta Community

#### 2:00 – 2:15 PM

Break

#### 2:15 – 3:15 PM

Session 2: Relational Teaching: Shared Strategies

#### 3:15 – 3:30 PM

Break

#### 3:30 – 4:30 PM

Session 3: Looking to the Future: Immediate Actions and Long-Term Goals

*\*Note: Keynote presentation will be recorded and made available for those unable to attend in person; there is no Zoom option for this event.*

## DAY 2: Thursday, January 11, 2024 In-Person | Room 2609 and/or on Zoom

#### 9:00 – 10:00 AM

### DSPS AIM Tutorial

In-person 2609 | [Zoom](#)

Marion Germond (Faculty)

This hands-on training will provide instructors with the opportunity to practice navigating the DSPS database (AIM) with guidance from DSPS staff. The goal of this workshop is to provide instructors with resources and information necessary to navigate the technical aspects of implementing academic accommodations for students with disabilities—ultimately supporting their access to the curriculum and ensuring equitable opportunities for success.

#### 10:00 – 11:00 AM

### POP Kick-Off

In-person 2609 | [Zoom](#)

Erin Naegle (Faculty)

Make your teaching POP by participating in the Faculty Peer Observation Pool! This is an informal structure for faculty to learn from each other by spending time in colleagues' classrooms not related in any way to evaluation. POP members commit to observing 3 other faculty members of their choice teach (with their approval). In addition to the Kick-Off, the POP cohort will gather for a midsemester check-in and an end-of-semester celebratory dinner to share their experiences and how they are using what they observed to improve their teaching. If you have interest in learning from your peers, please join us and learn more about the opportunity! Full and Part-time faculty are welcome.

#### 11:00 – 11:30 AM

### Lunch Break



11:30 AM – 1:00 PM

## Mid-Semester Feedback: A Panel Discussion

[Zoom](#)

Facilitated by Amelia Marini

Panelists: Kerry Bailey, Don Carlisle, Alex Espinoza-Kulick, Mario Espinoza-Kulick, Melina Simonds, and Cynthia Wilshusen (Faculty)

One of the most challenging but rewarding practices of a student-centered pedagogy is soliciting and addressing student feedback about their experiences in our classes. Knowing how to gather feedback and how to make course adaptations can increase student success and help faculty build strong working relationships with our students. In this panel discussion, a group of instructors teaching across disciplines who are already inviting mid-semester student feedback will share their experiences: what's worked, what hasn't, and how they maintain the fine balance between upholding clear goals for the course and remaining flexible enough to respond to their students' needs.

1:10 PM – 1:40 PM

## The Human Library® is coming Spring 2024 to Cuesta College!

[Zoom](#)

Laurie Buchholz and Denise Fourie (All Campus)

In this short Zoom session, learn about The Human Library® concept <https://humanlibrary.org/> and how it can impact you and your students, as well as how you can participate in the event. It will be held on the SLO Campus in March 2024, in collaboration with the Student Health Center and the Cuesta Library. By engaging in dialogues with "human books" the event challenges attendees to shed stereotypes and rethink judgements.

1:50 PM – 2:50 PM

## Wellness Workshop – Spring Events and Rewards

[Zoom](#)

Elisabeth DeSwart (All Campus)

Join our Wellness Program for ALL employees. Learn how to win prizes and about our Spring events and April Celebration Party!

3:00 PM – 5:00 PM

## Division Meetings

## BOOK CLUBS

5:00 PM – 5:30 PM

### In Memoriam - Reading Three Late Great Poets

[Zoom](#)

Amelia Marini and Sarah Miller (All Campus)

This spring we will be continuing our college-wide poetry book group by reading collections of work by three late contemporary poets: the American lyric poet and essayist Louise Glück (1943-2023), the Serbian American poet and editor Charles Simic (1938-2023), and the feminist Irish poet Eavan Boland (1944-2020). Between these three lauded poets are numerous prizes including both the Nobel and Pulitzer. As we read this semester, it will be striking to note how three major poets whose lifetimes overlapped almost entirely could produce three such different bodies of work. By bringing together in death poets who might not have shared the same stages in life, we hope that some interesting connections and insights will emerge for our readers. As always, this book group is for everyone! Together we'll read a selection of poems, think about the relationship between what the poem is saying and how it says it, and consider what the poem does to us when we read it. Whether you're already a poetry lover or you're hoping to become one, we welcome everyone in the Cuesta community to join us for this reading experience.



5:00 PM – 5:30 PM

### Julia Alvarez - *In the Time of the Butterflies*

[Zoom](#)

Rachael Barnett (All Campus)

Please join us this spring as we discuss the 1994 novel *In the Time of the Butterflies/En El Tiempo de Las Mariposas* by Julia Alvarez. This novel is the fictional retelling of the real-life Mirabal sisters (Las Mariposas) who were "among the leading opponents of Gen. Rafael Leonidas Trujillo's dictatorship" in the Dominican Republic. Three of the sisters and their driver were murdered and their deaths covered up by the Trujillo government and the aftermath further galvanized the resistance movement against the dictator. The novel examines race, class, and gender through an intersectional lens as well as the impact of colonization in terms of the establishment of the Dominican Republic itself and the influence of the United States both in establishing Trujillo and later helping to depose him. As ever, we will discuss both the book itself and how its lessons can inform our work at Cuesta. Please come join our conversation.

### Upcoming Flex Trainings: TechTidbits Spring 2024

Tech Savy sessions are designed to be short 45 min webinar style training on a variety of instructional technology topics.

The goal is to share tips for using tools in Canvas, external tools, updates to tools, and more!

Visit the [TechTidbits Website](#) for upcoming topics with descriptions, webinar link and recordings.