

Who We Are:

The Cuesta University Transfer/Career Center assists students with making a smooth transition from Cuesta to a four-year institution and exploring career possibilities.

Fall & Spring Semester Hours:

M, Th., F: 8:00am – 4:30pm

Tuesdays & Wednesdays: 8am- 6pm

Summer Hours:

M-F: 8:00am-4:30pm

Contact Us:

Cuesta College University Transfer/Career Center

Building 3100, Room 3131

Phone: 805-546-3162

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Instagram: Follow us [@cuestatransfercareercenter](https://www.instagram.com/cuestatransfercareercenter)



Steps to Deciding a Major or Career



CUESTA COLLEGE

UNIVERSITY TRANSFER/CAREER CENTER

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CONSIDERATIONS

What else can you do while you are in college to prepare for your upcoming career?

Use <http://career.uark.edu/majors/> and look at the STRATEGIES for your major. Some strategies include:

- Seeking leadership roles on campus
- Developing computer skills
- Developing verbal and written communication skills
- Learning a foreign language
- Maintaining a high grade point average (especially if a Master's Degree or PhD is required)
- Maintaining a portfolio
- Learning to work well with all types of people

**“Choose a job you love,
and you will never have to work
a day in your life.”**

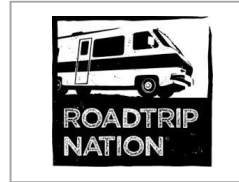
Next Steps

- Get Experience. Find an internship or volunteer- it will give you the opportunity to talk with professionals, learn more about a career and develop future job leads. Contact Career Connections for information on internship opportunities in your major.
- Network. Talk with anyone and everyone about your career/major choice, including instructors, counselors, friends, family and professionals working in your area of interest.
- Continue taking classes in your major and re-evaluate your choice as needed.

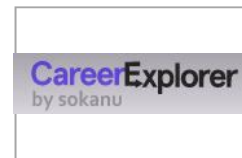
LIFE IS LIKE RIDING A BICYCLE. TO KEEP
YOUR BALANCE, YOU MUST KEEP MOVING.

ALBERT EINSTEIN

STEP 1- Self-Assessment



Use Roadtrip Nation at www.roadtripnation.com/edu/cuesta -enter CUESTA19 as the membership code for free access. Explore careers connected to your interests & read stories about career journeys.



Cuesta Community College has partnered with CareerExplorer to provide the most innovative, inspiring and complete career exploration experience. CareerExplorer's interactive, engaging 30 minute assessment matches you to our current database of over 800 careers. Click here for access!



Use Career Zone at www.cacareerzone.org for personality, interests and skills assessments. Learn how much money you will need to make in your career to support your desired lifestyle.

Meet with a Cuesta College Career Counselor to discuss your findings. Contact the University Transfer/Career Center at 805-546-3162 or transfer@cuesta.edu to inquire about taking additional assessments, which include the Myers-Briggs Type Indicator (MBTI) & Strong Interest Inventory.

STEP 2 – Research

Researching Majors

- To find out what careers a major can lead to use the website <http://career.uark.edu/majors/>
- Look in the catalog of any university or college of interest and check out the classes for any major you are considering. Campus websites can also offer information about their majors.
- Check out www.myplan.com on the “Majors” Tab to view a database of majors, related careers and a list of the most popular majors.
- Take an intro class in the major you are considering.
- [Attend major/career workshops hosted by the University Transfer/Career Center!](#)

“The future depends on what we do in the present.” —Mahatma Gandhi

Researching Careers

- Use websites on Page1 to research occupations.
- Have an informational interview with someone who works in a job/career of interest.
- Check out careeronestop.org for in-depth information on occupations.

STEP 3- Decision Making

& Planning

- 1) DECIDE- Use the information from your Assessments and Research and choose a major, knowing you can always change your mind in the future!
- 2) DECLARE- Update your major in your myCuesta portal. Consult with a counselor if needed.
- 3) LEARN- Refer to General Education section in myCuesta Pathway to learn General Education Requirements. See Areas of Study for Cuesta majors & requirements or www.assist.org for CSU/UC transfer information by major. Use campus websites to view transfer/major requirements.
- 4) PLAN- Make an appointment with a Cuesta College Counselor to write up a Student Education Plan to map out the courses you will need to take.

“When someone makes a decision, he is really diving into a strong current that will carry him to places he had never dreamed of when he first made the decision.”

-Paul Coelho, The Alchemist
